

Before use this product, please read this user's manual carefully.

## Disk Dr. WG30

■ PRECAUTION IN WEARING

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■ WEARING METHOD FOR EFFECTIVE CURE

■ HOW TO WASH



**Disk Dr.**  
CHANGEUI MEDICAL Co., Ltd.

# WG30 Disk Dr. MANUAL

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Disk Dr.

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## PRECAUTION IN WEARING

1.

The air pressure must not exceed 14psi.

(Exceed pouring into the air-pump can cause a blowout of a belt.)



2.

If you deflate the traction belt without wearing it, you can suffer inconvenience because the product can be rolled. Ensure that you must take off the product after deflating it completely while wearing it.

3.

Air release screw is locked easily with slight clockwise turn.

4.

Use neutral detergent and a washing machine to wash the goods and put the belt in laundry bag so far as possible. Before laundry, turn the air release screw clockwise so that water may not penetrate into it. After laundry, dry it in the shade. When you wash the goods with hands, do not rub it to wash and, use sponge.

5.

Do not break open or alter the product at random. Otherwise, customer service isn't guaranteed.

6.

Be careful not to touch the Traction Belt with sharp objects and fire. The expectant and nursing mothers must not use this product.

7.

We give advice to the hypertensive and the patient with heart disease to use this product after consultation with a medical specialist.

8.

Be careful not to drop the air pump and avoid any impact on it. In that case, there can be a malfunction of the needle in the pressure gauge.

\* Do not use this air pump for other usage except putting air in this product.



## HOW TO WEAR THE DISK DR.

1.



Position the air injection nozzle on upper right side of your abdomen and wear the product with the cotton-lined side facing your skin.

*\*CAUTION ; Before wearing, check whether air is left in the belt and, you must deflate it completely. The way to deflate the traction belt is to turn the air release screw counterclockwise. Be careful not to take turn too far, or the air release screw can be separated from the product.*



2.



Put on the left belt, right belt, and auxiliary belt in the same order as this picture. When you wear the belt, center the logo, Disk Dr., on you abdomen.



3.



Make sure that the air release screw of the air injection nozzle is tight.



\* CAUTION ; If you put on the belt evenly with each other like this picture, you can feel inconvenience in your abdomen because of excessive pressure. Do not put on the belt like this picture.

4.



Connect the air injection tongs of air pump with the air release screw of the air injection nozzle like this picture.

\* CAUTION ; If you don't connect the air injection tongs with the air release screw precisely, air can not be sent into the belt.



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5.



[using the foot air pump] Inflate the traction belt by stepping on the pedal of foot air pump until the gauge reach **green-yellow** indication. (air pressure 10~14psi)



[using the hand air pump] Inflate the traction belt by moving the handle up and down repeatedly until the gauge reach **green-yellow** indication. (air pressure 10~14psi)

**\* CAUTION ;** Make sure that the air pressure must not exceed the **green-yellow** indication. Otherwise, the belt can blow out.

6.



Finish wearing by pressing the air injection tongs and removing it from air injection nozzle. (You can hear a little noise from the air discharged while removing the air injection tongs, but the sound is normal.)

**\* CAUTION ;** Before taking off the belt, deflate it completely by turning the air release screw clockwise slightly. If you deflate it without wearing, you can suffer inconvenience because the belt can be rolled. Ensure that you must take off the belt after deflating it completely with wearing.



### WEARING METHOD FOR EFFECTIVE CURE

**1.**

We recommend the man who are troubled with lumbago and, sciatic neuralgia to wear the traction belt for 5~6 hours a day. So far as possible, don't wear it while you are lying, wear it while you are standing in everyday life.

**2.**

If you feel pressure on your abdomen after taking a meal, it will do you no harm to take off the traction belt for an hour or so.

**3.**

Don't wear the traction belt filled with air, you must inflate it after wearing.

**4.**

As the pain is over, take exercise continuously to strengthen your waist like hiking, climbing, walking with a rapid step, swimming, etc. It is important to exercise to prevent a relapse.

**5.**

There is the possibility of some pain increasing in some days after wearing this product. In that case, reduce the wearing time to 2~3 hours a day. And then, as the pain is relieved, lengthen the wearing time gradually after 2~4 weeks.

**6.**

It is the most effective method to wear on your skin directly, but if you have some trouble such as allergy, you can wear cotton shirts beneath the traction belt.

**7.**

In the case of some trouble on your skin because of sensitive skin, get the doctor's opinion.



## HOW TO WASH

### 1.

#### Machine wash for traction belt (recommended)

- 1) Use a laundry bag to protect the traction belt from damage.
- 2) Ensure that the traction belt is deflated completely, and turn the air injection nozzle clockwise so that water may not penetrate into it.
- 3) Use a neutral detergent and, make the machine work for about 5 minutes with cool water.
- 4) Do not inflate the traction belt.
- 5) Do drip-dry in the shade.



### 2.

#### Hand wash for traction belt

- 1) Ensure that the air release screw of air injection nozzle is tight so that water may not penetrate into the belt.
- 2) Inflate the traction belt up to about 5psi.
- 3) Use a soft sponge to wash the traction belt and, do not rub it with your hands.
- 4) Do drip-dry in the shade.

## Quality guaranteed

- This product is manufactured through strict quality control and inspection process.
- Customer service is guaranteed for            months,  
(Consumer's fault isn't applied to this article.)
- You should present this written quality guarantee to get repair or other services.
- This written quality guarantee isn't reissued

Product name	<b>Disc Dr.</b>			The term of guarantee	
Model	WG30	standard		Serial No.	
Purchase date				Purchase Price	
Purchase place				Where to make contact	

Buyer	Name		Phone No.	
	Address			



Manufactured by **CHANGEUI MEDICAL CO., LTD.**  
MADE IN KOREA

**WG30**



Obelis S.A.

Av. de Tervuren 34, bte 44 B - 1040 Brussels Belgium

Tel: +32(0)2 7325954 Email: olos@obelis.net

Ortho Medical Ltd  
Challenge House  
616 Mitcham Road  
Croydon, Surrey  
CR0 3AA, UK

Tel: 020 8684 5222

[www.orthomedical.co.uk](http://www.orthomedical.co.uk)

[sales@orthomedical.co.uk](mailto:sales@orthomedical.co.uk)

Manufactured by

**CHANGEUI MEDICAL CO.,LTD.**

TEL : 82-2-454-8272 / FAX : 82-2-444-3624

[http : //www.diskdr.co.kr](http://www.diskdr.co.kr)

E-mail : [info@diskdr.co.kr](mailto:info@diskdr.co.kr)

Address : #401, Yeongseo Bldg, 228-1 Jayang1-Dong,  
Gwangjin-gu, Seoul 143-852, Korea