



Rehab Jigsaw
Piecing Lives Back Together

Head Office Address:

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VOCATIONAL REHABILITATION

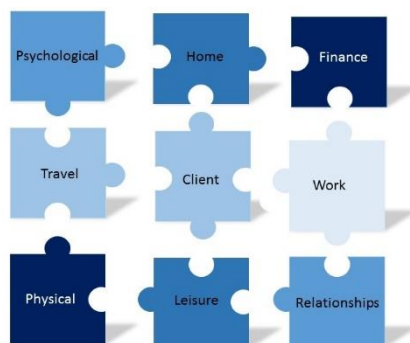
"Occupational therapy (OT) is a science degree-based, health and social care profession, regulated by the Health and Care Professions Council. Occupational therapy takes a "whole-person approach" to both mental and physical health and wellbeing and enables individuals to achieve their full potential" – Royal College of Occupational Therapists, 2018.

Occupational Therapy is the provision of practical support to help people living with illness (mental and/or physical) to complete everyday activities that are important to them – whether these be related to personal, domestic, leisure, social or vocational skills. It is these daily activities, or occupations, that enable people to live independently, with a sense of purpose and meaning. How would life be different in your day to day life if you couldn't shower or dress independently, or perhaps undertake an essential component of your work due to a health problem?

Occupational Therapists work in a wide variety of settings including hospitals, community health care teams, social care teams, housing associations, educational settings, workplaces, prisons, voluntary organisations and as independent practitioners or with private companies. Occupational Therapists work with people of all ages and with a wide range of health care difficulties.

Occupational Therapists are specialists in enabling people with health difficulties to complete activities, or occupations, which are essential to their daily living. Many people affected by health difficulties, either physical or mental, are of working age and some require specialist support to be able to return to and sustain their employment.

Occupational Therapists are uniquely placed health care professionals with core skills of task analysis, or functional assessment. Occupational Therapists provide holistic assessments to identify barriers to independent living and vocational tasks – we look at physical, psychological, social and environmental issues and identify strategies to assist people to become more independent.





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Occupational Therapists in vocational rehabilitation work with employers, Human Resource departments, Occupational Health professionals, Solicitors, Insurers and Case Managers. Occupational Therapists assess essential job demands alongside a person's health to make recommendations to return to work or remain in work. We focus on functional ability and assess, analyse and solve problems. We provide advice on reasonable adjustments and on absence management. Our intervention can improve lives, prevent ill-health and injury, educate employees and employers, treat the individual and save money.

Contact us

If you would like to discuss our services with us, please contact us. We would be happy to talk through how Rehab Jigsaw can help you.

Rehab Jigsaw Ltd was established by Occupational Therapists and is managed by Occupational Therapists. We understand your needs and have a team of experienced, skilled and professional Occupational Therapists to offer services across the UK. We are more than happy to discuss your specific needs – contact us for further details