

Feeding local people in crisis

Help to support local communities suffering from short term crisis by donating *non-perishable* items of food.



We are specifically short of the items on the shopping list so please raid your cupboards or keep us in mind on your next shopping trip!



Shopping List

- Tinned fruit
- Evaporated milk (small)
- Tinned custard
- Sugar
- Cereal
- Tinned carrots
- Tinned sweetcorn
- Tinned potatoes
- Instant mash
- Squash (small bottles)
- Tinned tomatoes
- Tinned rice pudding
- Tinned spaghetti
- Jars of pasta sauce
- Biscuits
- Sponge puddings (2 pack, any brand, usually priced £1)
- Tinned cold meats (e.g. small tins of ham, Spam, Pek etc.)
- Tinned hot meats (e.g. Stewed Steak, Mince Beef & Onions, Fray Bentos Pies)

THANK
YOU