

item	description	price
DEALS		
English BREAKFAST deal	Pizza bread basket filled with bacon, eggs, sausage and beans in tomato sauce + freshly squeezed orange or grapefruit juice + coffee or tea (choose from our broad selection)	£ 9.9
Italian BREAKFAST deal	A Pasticcioetto + freshly squeezed orange or grapefruit juice + coffee/tea (choose from our broad selection)	£ 6.9
MAMMA 's LUNCH deal	A portion of Lasagne or Parmigiana or Soup + 1 side salad + 1 dessert tiramisù or tart or pasticcioetto + coffee or tea + purified water	£ 11.9
APERITIVO deal	A Spritz or Wine or Beer or any juice served with free mini slices of pizza, calzone, rustico and/or salad (upon availability)	£ 9.9
DINNER's Pizza deal	Any round pizza + a beer + coffee or tea + purified water	£ 10.9
DINNER's Pasta deal	Any pasta dish + a glass of wine + coffee or tea + purified water	£ 12.9
Breakfast		
Full English breakfast	Pizza bread basket with bacon, egg, sausage and beans in tomato sauce	£ 5.9
Mini English breakfast	Pizza bread basket with bacon or sausage, egg, and beans in tomato sauce	£ 3.9
PIZZA & related products		
Margherita	2" x 5" - tomato, mozzarella, basil	£ 2.4
Margherita - promo	4" x 5" - tomato, mozzarella, basil	£ 3.9
Margherita ROUND 12" (NEW)	12" tomato, mozzarella, basil	£ 4.95
Napoli	2" x 5" - tomato, anchovies, capers	£ 2.8
Napoli - promo	4" x 5" - tomato, anchovies, capers	£ 4.9
Napoli ROUND 12" (NEW)	12" tomato, anchovies, capers	£ 5.95
Spicy Salami	2" x 5" - tomato, mozzarella, spicy salami, crushed chilli	£ 3.2
Spicy Salami - promo	4" x 5" - tomato, mozzarella, spicy salami, crushed chilli	£ 4.9
Spicy Salami ROUND 12" (NEW)	12" tomato, mozzarella, spicy salami, crushed chilli	£ 5.95
4 Stagioni	2" x 5" - tomato, mozzarella, artichokes, mushrooms, ham, olives	£ 3.6
4 Stagioni - promo	4" x 5" - tomato, mozzarella, artichokes, mushrooms, ham, olives	£ 5.9
4 Stagioni ROUND 12" (NEW)	12" tomato, mozzarella, artichokes, mushrooms, ham, olives	£ 6.95
Broccoli & Salsiccia	2" x 5" - mozzarella, broccoli, sausage	£ 3.6
Broccoli & Salsiccia - promo	4" x 5" - mozzarella, broccoli, sausage	£ 5.9
Vegetarian	2" x 5" - tomato, mozzarella, aubergines, peppers, courgettes, olives, capers	£ 3.6
Vegetarian - promo	4" x 5" - tomato, mozzarella, aubergines, peppers, courgettes, olives, capers	£ 5.9
Vegetarian ROUND 12" (NEW)	12" tomato, mozzarella, aubergines, peppers, courgettes, olives, capers	£ 6.95
Parma Ham, cherry tomatoes & rocket	2" x 5" - mozzarella, parma ham, cherry tomatoes & rocket	£ 3.6
Parma Ham, cherry tomatoes & rocket	4" x 5" - mozzarella, parma ham, cherry tomatoes & rocket	£ 5.9
Parma Ham, cherry tomatoes & rocket ROUND 12" (NEW)	12" mozzarella, parma ham, cherry tomatoes & rocket	£ 6.95
Bacon & eggs ROUND 12" (NEW)	12" tomato, mozzarella, bacon & eggs	£ 7.95
Smoked Salmon ROUND 12" (NEW)	12" mozzarella & smoked salmon, black pepper, parsley	£ 8.95
PIZZA TRAY (16 slices 2" x 5") - (upon reservation)	10% discount on overall value of selected pizza	
Panini Pizza (NEW)	Tomato, mozzarella, basil	£ 3.95
Panini Pizza Special with: ham & cheese (NEW)	Tomato, mozzarella, basil filled with: ham and provolone piccante or emmenthal	£ 4.95
Panini Pizza Special with: salami & cheese (NEW)	Tomato, mozzarella, basil filled with: salami and provolone piccante or emmenthal	£ 4.95
Panini Pizza Special with mortadella & cheese (NEW)	Tomato, mozzarella, basil filled with: mortadella and provolone piccante or emmenthal	£ 4.95
Panini Pizza Special with other cold cuts (NEW)	Tomato, mozzarella, basil filled with: other cold cuts available	£ 4.95
Panini Pizza BURGER (NEW)	Tomato, mozzarella, basil filled with a fresh hamburger	£ 5.95
Calzone	Tomato, mozzarella, oregano, basil	£ 2.95
Calzone - Salami	Tomato, mozzarella, oregano, salami	£ 3.95
Calzone - Ham	Tomato, mozzarella, oregano, ham	£ 3.95
Focaccia - Ham and Cheese	Ham & melted provolone piccante cheese	£ 4.95
Focaccia - Salami and Cheese	Salami Napoli or Spicy Salami & melted provolone piccante cheese	£ 4.95
Focaccia - Mortadella and Provolone	Mortadella & melted provolone piccante cheese	£ 4.95
Focaccia - Mixed Vegetables	Selection of boiled / grilled vegetables	£ 4.95
Focaccia filled with other cold cuts	Filled with various available cold cuts	£ 4.95
Focaccia Bread	plain focaccia	£ 1
Bread basket	bread basket	£ 1
SPECIALITIES		
Lasagne	Lasagne pasta, italian tomato sauce (onion, celery, carrots) with minced beef & pork meat, besciamella, mozzarella & parmesan cheese	£ 6.5
Vegetarian Lasagne	Lasagne pasta, mixed vegetables, besciamella, mozzarella & parmesan cheese	£ 6.5
Vegetarian Parmigiana	Aubergine sliced filling, italian tomato sauce (onion, celery, carrots), mozzarella & parmesan cheese	£ 6.5
Parmigiana	Aubergine sliced filling, italian tomato sauce (onion, celery, carrots) with minced beef & pork meat, mozzarella & parmesan cheese	£ 6.5
Rustico - vegetarian (NEW)	Shortcrust filled with ricotta & spinach, raisin and pine nuts	£ 3.95
Rustico - chicken (NEW)	Shortcrust filled with chicken	£ 3.95
Bread and spreads	Focaccia bread served with red & green pesto, humus, beetroot	£ 3.95
PLATTER "a taste of Italy"	Focaccia bread served with red & green pesto, humus, beetroot & slices of various cold cuts (parma ham, ham, salami, mortadella, provolone & emmenthal cheese + olives)	£ 8.95
SOUPS		
Tortellini in brodo (in broth)	egg based ring shaped fresh pasta filled with parma ham & parmesan cheese in vegetable broth	£ 4.95
Chicken in brodo (in broth)	Chicken in vegetable broth	£ 4.95
Soup of day	courgettes or lentils or beans or onions (upon availability)	£ 4.95
SPECIALITIES - Pasta made on the spot		
Linguine al Pesto (green or red) (NEW)	Linguine freshly made in pesto sauce (green-basil or red-sundries tomatoes)	£ 6.95
Spaghetti al pomodoro (NEW)	Spaghetti freshly made with tomato sauce and basil	£ 6.95
Spaghetti al ragù Bolognese (NEW)	Spaghetti freshly made with bolognese ragù sauce (contains beef and pork meat - onions, carrots)	£ 7.95
Spaghetti alle polpette (Meatballs) (NEW)	Spaghetti freshly made with meatballs ragù sauce (contains meatballs made of beef and pork meat - onions, carrots)	£ 8.95
Pennette all'arrabbiata (NEW)	Pennette freshly made with bolognese ragù sauce (contains beef and pork meat - onions, carrots)	£ 6.95
Pennette al salmone (NEW)	Pennette freshly made with salmon	£ 8.95
Tortellini al pomodoro (NEW)	Fresh tortellini freshly made with tomato sauce and basil	£ 7.95
<i>Orecchiette Broccoli & Salsiccia (NEW)</i>	<i>Orecchiette freshly made with broccoli and sausage</i>	£ 8.95
SALADS		
Side Salad	(All our salads are served in our bread baskets) fennel, lettuce, red cabbage, red onion, sweet corns, cherry tomatoes, carrots & cucumber	£ 1
Mixed Greens	fennel, lettuce, red cabbage, red onion, sweet corns, cherry tomatoes, carrots & cucumber	£ 4.95
Mixed Veggies	asparagus, cauliflower, broccoli, fine beans, carrots, potatoes	£ 4.95
Quinoa Salad	Quinoa Tricolore, cherry tomatoes, lemon, walnuts & red onion	£ 4.95
Tabbouleh Salad	Cous Cous, fennel, peppers, red onion & raisin	£ 4.95
Vegan topping	Tempeh, Tofu, Seitan, Soya	£ 4.95
Chicken topping	Chicken	£ 4.95
Meatballs topping	Meatballs	£ 4.95
PASTRIES & DESSERTS		
Custard Cream Pasticcioetto	Shortbread pie filled with freshly made custard cream	£ 3.9
Custard Cream & Chocolate Pasticcioetto	Shortbread pie filled with freshly made custard cream & nutella	£ 3.9
Custard Cream & Black Cherry jam Pasticcioetto	Shortbread pie filled with freshly made custard cream & black cherry jam	£ 3.9
Italian shortcrust pastry	with strawberry jam or black cherry jam or apricot jam or orange jam (upon availability)	£ 1.9
Tart of the day	selection from available fruit	£ 2.9
Various Jam Tart	Shortbread tart with daily available jam	£ 2.9
Custard Cream and Nutella Tart	Shortbread tart with freshly made custard cream & nutella	£ 2.9
Chocolate Tart	Shortbread tart with dark & white chocolate	£ 2.9
Carrot Muffin	carrot muffin with apricot jam with almonds	£ 1.9
Chocolate & Strawberry Muffin	chocolate muffin with strawberry jam with walnuts	£ 1.9
Small Tiramisu	mascarpone cheese, egg, savoiardi biscuit, coffee & chocolate topping	£ 3.5
Large Tiramisu	mascarpone cheese, egg, savoiardi biscuit, coffee & chocolate topping	£ 5.5
Tea biscuits	hand made shortbread biscuits	£ 1
Wipped Cream	freshly made add it to your tart, pasticcioetto or any pastry	£ 0.3
WATER		
Glass of purified water	still or sparking (free with your meal)	£ 0.5
Flavoured water freshly made	orange or lemon or lime or pink grapefruit or mint	£ 1
Bottle refill (0.5 lt)	still or sparking (free with your meal)	£ 0.5
COFFEE & TEAS		
Espresso	italian espresso	£ 1.7
Espresso bomb	italian double espresso	£ 2.2
Espressino	Italian espresso macchiato (with froffy milk)	£ 1.9
Espresso Goloso	Italian espresso (with wipped cream)	£ 2
Espresso on the rocks	italian (southern) espresso sugared with ice	£ 1.9
Cappuccino	A description? you know what we are talking about	£ 2.2
Latte	Caffe latte	£ 2
Flat white	An Australian invention	£ 2.3
Americano	american coffee	£ 1.8
Americano white	american coffee + milk	£ 1.9
Moka	espresso + hot chocolate	£ 2.6
Hot chocolate	dark or white	£ 2.5
Chai milk		£ 2.2
TEA POT		£ 0.5
Black earl gray		£ 2
Fruity summer pic mic		£ 2
Peppermint		£ 2
Spicy Apple		£ 2
Very berry fruit		£ 2
Jasmine green tea		£ 2
Lapsing suching black		£ 2
English breakfast		£ 2
Sunny ceylon		£ 2
FRESHLY SQUEEZED JUICES		
Orange Juice	Freshly squeezed	£ 3
Orange - Lemon Juice	Freshly squeezed	£ 3
Pink Grapefruit Juice	Freshly squeezed	£ 3
SOFT DRINKS		
Crodino soft aperitivo		£ 2.5
Blueberry Crush	sparkling - organic	£ 2.6
Raspberry Crush	sparkling - organic	£ 2.6
blueberry Crush	sparkling - organic	£ 2.6
Apricot and Apple	still - organic	£ 2.6
Apple and Pear	still - organic	£ 2.6
Carrot and Orange	still - organic	£ 2.6
Devon Apple	still - organic	£ 2.6
English Apple	still - organic	£ 2.6
Ginger and Apple	still - organic	£ 2.6
ALCOHOL DRINKS		
Spritz cocktail	Cocktail made of prosecco, aperol, sparkling flavoured orange water (variation with aperol & campari or aperol, campari & cynar)	£ 6
Prosecco by glass		£ 3.9
Wine by glass	Selection of: (RED) negroamaro, primitivo, cabarnet sauvignon, merlot - (WHITE) chardonney, sauvignon blanc	£ 4.9
Beer Italian	Traditional italian blond beer	£ 2.9
Beer artisanal (Jack, Queen or King)	Jack (ruby Ale), Queen (IPA), King (Blond) - artisanal beers brewed in Whalthamstow E17	£ 3.9
Wine Bottle	Selection of: (RED) negroamaro, primitivo, cabarnet sauvignon, merlot - (WHITE) chardonney, sauvignon blanc	£ 20
Wine Bottle (SPECIAL)	Selection of specials: (RED) — (WHITE) — see in store for more details	£
Whisky shot		£ 3
Amaro shot		£ 3
Grappa riserva shot		£ 3.5
Negroni Cocktail		£ 6
Gin or Vodka Lemon cocktail		£ 5
DELI - Salumeria corner		
Parma Ham	100 gr	£ 3.9
Ham	100 gr	£ 3.4
Bresaola	100 gr Italian finest cured meat - no fat	£ 4.4
Mortadella	100 gr Italian finest cured meat	£ 2.7
Pancetta	100 gr Italian bacon	£ 2.9
Ventricina	100 gr Spicy Salami	£ 3.3
Salami napoli	100 gr Salami sweet	£ 2.4
Provolone piccante	100 gr Italian spicy cheese	£ 1.9
Emmenthal	100 gr Swiss cheese	£ 1.9
Tortellini	100 gr Freshly made Parma ham tortellini	£ 2.9
PRODUCTS		
Extra virgin olive oil	500 ml	£ 7.9
Water sport bottle	choice of colours: green, blue, black, red, pink	£ 4.9
Biscuits bags	250 gr	£ 5.9