



Accelerate Support and Care was formed in 2020 during the pandemic because we saw an opportunity to make a difference in the lives of people needing care in their homes. We serve Edinburgh, Lothians and Fife.



We exist to bring meaningful and friendly care services to clients living in their own homes. Accelerate Support and Care is a Care at Home provider serving the private market and socially funded care market in Scotland. Market research tells us that there is a critical need for care-at-home providers who can offer the highest quality services within these regions and we believe that by employing well-trained and competent staff, providing them with well-organised and responsive management, we can become one of the best choice providers in the region and beyond.



# Welcome to Accelerate Support and Care



## Introduction

At Accelerate Support and Care we pride ourselves on offering the highest quality care and support possible; regardless of our client's level of need or dependency. Our main aim is to assist those we look after to remain in their own home for as long as they wish with respect, dignity, independence.



## Live-In Care

Our Live-in care service gives you the support that you need to live independently, providing you with 24/7 live-in carer assistance. Our Carers will provide company and conversation.

They will support with light household tasks, social activities, personal care services.



## Domiciliary Care

Our Domiciliary service is most suited to individuals who will benefit from having the reassurance that someone will be there for them to offer support when it is needed. This includes Hospital discharge aftercare and Palliative Care which also provides peace of mind for family members who are unable to offer that level of support or visit regularly.

Our service is tailored to your individual requirements and you can decide which activities you receive support with and when. Should you need to alter the level of care that you receive, we will be happy to arrange this for you.

We assist with the following:

### Personal Care Services

- Washing
- Showering
- Bathing
- Dressing and undressing
- Continence management
- Nutritional needs (meal preparation)
- Maintaining fluid intake
- Assistance with transfers bed, chair, toilet
- Prompting or administering medication
- Washing hair

### Domestic Support

- Shopping
- Light house work support with laundry, hoovering, washing dishes and tidying.
- Social visits /integration
- Day or night services

### Social Care

- Companionship, social skills
- Stimulation
- Escorting to medical, social and educational appointments
- Participation in hobbies and activities



We undertake rigorous compliance reviews to ensure that all of our staff have the relevant qualifications and experience necessary for the service that they will provide. This includes Enhanced Criminal Records Bureau (CRB) check and Disclosure Scotland (PVG), working history, health declaration, detailed reference checks and annual reviews with relevant registration bodies to ensure fitness to practice. We conduct regular supervision including recorded one-to-one meetings every three months, spot checks, observations and annual appraisals. This ensures our staff's skill set is continuously enhanced to enable them to deliver excellent care standards.

Quality Assurance



# FAQs

## Can you support me for only a short amount of time each day?

Our minimum duration of visit depends on your care requirements and where you are located, please contact a member of our Care Team who will be able to assist you.

## Can your Carers help me with my pets?

Whilst our Care workers will do everything they can to support you, we cannot guarantee support with your pets. If you do require help with looking after your pets, we will do our utmost to match you with a Care worker who feels comfortable to do so.

## How soon can my care service start?

Our service can often commence within 48 hours of your initial enquiry. Upon receiving your enquiry we will arrange for an Assessor to visit you in your home and carry out a full assessment of your care requirements and a risk assessment to ensure your safety. A personalised care plan will be produced for you, which we will finalise with you and your family, making sure that you are happy with every aspect. We will select a suitable Carer based on your needs, personality and preferences.



## Contact Us

For a free assessment or if you have any further questions, please contact our Care Team today:  
[info@acceleratesupportandcare.com](mailto:info@acceleratesupportandcare.com)

[www.acceleratesupportandcare.com](http://www.acceleratesupportandcare.com)