

THE
PALFREY

Since 2016

PALFREY LUNCH MENU

SALAD BOWLS

£6.50 SMALL £9.50 LARGE

Green Goodness: smashed avocado, seeds, rocket, gem, cucumber, poached egg, herb oil (v)(gf)

Eastern Spice: harissa and honey chicken, salad leaves, feta cheese, cherry tomatoes, cucumber, peppers, tzatziki (gf)

Palfrey Picnic: summer beans and corn, sweet peppers, haloumi, chorizo, salad leaves, zaatar, lime yoghurt (v)(gf)

Greek Salad: plum tomatoes, olives, cucumber, olive oil, red onion, oregano-marinated feta cheese, flatbread croutons (v)(gfo)

Seafood Cocktail: mackerel, baby prawns, brown crab, gem, lemon, cajun aioli (gf)

SANDWICHES

Sourdough roll or flatbread,
served with Palfrey salad (gfo)

Baby Prawn and Brown Crab,
smashed avocado, cherry tomatoes, cajun aioli £7.95

Seared Aged Rump Steak,
sticky onions, zaatar, lime yoghurt £7.95

Harissa and Honey Marinated Chicken,
crumbled feta, tzatziki £6.95

Marinated Haloumi Cheese,
sweet peppers, rocket, harissa crème fraiche (v) £6.50

Mature Cheddar,
spiced tomato chutney, gem lettuce (v) £6.50

(add French fries or sweet potato fries for £1.95)

DELI BOARDS

(for 2 to share)

Garden Board: sourdough flatbread, crusty breads, tzatziki, broccomole, summer bean and corn salad, marinated feta cheese, haloumi fries (v)(gfo) £11.50

Butchers Board: harissa chicken, Korean spiced brisket, cured meats, pickles, olives, tzatziki, Palfrey salad, crusty breads (gfo) £12.95

Hedgehog Bread: tear and share filled bread, melting brie, crispy bacon and shallots, spiced tomato chutney £10.95

COMFORT FOOD

Church Hill Farm Chicken Breast,
peas, baby gem, pancetta, parmentiere potatoes, black garlic and lemon thyme sauce (gf) £14.95

Koagie Burger: 6oz minced steak pattie, braised Korean spiced brisket, pickled tomato salad American cheese, toasted brioche bun, cajun spiced aioli, skinny or sweet potato fries £12.95

Palfrey Soup Bowl, crusty bread, butter (v)(gfo) £4.95

ON THE SIDE...

(v)(gf) £2.95

Palfrey Salad Bowl, green leaves, olives, cucumber, peppers, cherry tomatoes, red onion, house dressing

Crushed New Potatoes, parsley, mint and garlic

Steamed Green Vegetables, lemon and herb butter

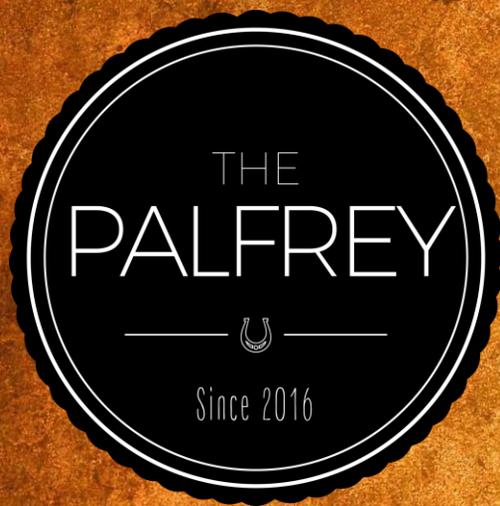
Sweet Potato Fries or Skinny Fries

Danny's Haloumi Fries, zaatar and lime yoghurt, pomegranate (£3.95)

Loaded Sweet Potato or Skinny Fries, melted cheese, siracha mayonnaise, crispy shallots (£3.75)

Vegetarian (v), Gluten Free (gf), Gluten free option available (gfo) - NB some dishes can also be adapted to be gluten or dairy free, please inform your server of allergies/dietary requirements when ordering and ask to see our allergen information folder. We regret we cannot guarantee our food products are completely nut free.

If not ordering starters, please allow a minimum of 25 minutes for main courses, as our food is freshly cooked to order.



OLD BLACKSMITH'S YARD
SADLER GATE, DERBY
www.thepalfrey.co.uk