

Recovery Schedule for Richard “Breathless” Vaughan

1. Leave hospital and go home
2. Have full English Breakfast
3. Nap
4. Drink wine (<http://www.nakedwines.com>)
5. Nap
6. Convince Jo that I am not too breathless for bedroom gymnastics
7. Nap
8. Bake something, preferably profiteroles
9. Eat them
10. Nap
11. Play Game of Thrones on the Xbox
12. Sleep
13. Go to 2 and repeat

Things to avoid during recovery

1. Resellers
2. Agents
3. Groups
4. Bandtock
5. Heartbeats
6. SEO (of any kind, even the one with fishes in tanks)
7. Add Paths, Claim Paths and Garden Paths
8. Ubuntu
9. Jira
10. Pivot tables