

# Spa Packages

## The Royal Couple - 4 Hours

A Glass of Bubbly & A Slice of Cake on Arrival  
Full Body Swedish Massage  
Vhi Brightening Facial with Steam & Extraction  
Skin Polishing Apricot Cream Back Scrub  
Romantic Candle Lit Bath with Rose Petals  
30mins Foot Massage  
Choice of a Manicure or Pedicure with a Callus Treatment  
A Hydrating Paraffin Dip Treatment for Hands or Feet  
Tea Coffee & Finger Snacks will be Served During the Pedi or Mani

**R1590 Per Couple**

## Dreamy Blissful Package - 3 Hours

Full Body Swedish Massage  
Indian Head, Neck & Shoulder Massage 15mins  
**and Choose 4 treatments from the list:**  
Vhi Hydrating Spa Facial  
Vhi Brightening Facial  
Vhi Under-Eye Lightening Treatment  
Pressure Point Foot Massage 30mins  
Extend Your Full Body Massage by 15mins  
Full Body Dry Body Brushing  
Apricot Cream Back Scrub & Mask  
Express Manicure  
Pamper Foot Treatment- Nail File, Cuticle Work, Massage & Paint  
Invigorating Hand Treatment- Sugar & Lavender Hand Scrub, Soak & Massage  
Invigorating Foot Treatment- Sugar & Lavender Foot Scrub, Soak & Massage

**R890 Per Person**

**R1490 Per Couple**

**Add a 3rd person for R390**



## Couples Treat - 2h30mins

Full Body Swedish Massage  
Pampering Lavender & Sugar Foot Scrub + Callus Treatment  
Pressure Point Foot Massage  
Indian Head, Neck & Shoulder Massage- 15mins  
Refreshing Apricot Back Scrub with A Steam  
Relaxing Candlelight Spa Bath & Wine

**R1390 Per Couple**

## Pure Relaxation - 2 Hours

*The Perfect Sunday Treat*

Full Body Massage with Hot Stones on the Back  
Pressure Point Foot Massage  
Indian Head, Neck & Shoulder Massage  
Vhi derma deep facial with steam & extraction

**R690 Per Person**

**R1050 Per Couple**



### **Cocoon Package (Midweek) - 1h15mins**

Full Body Massage with Hot Stone On The Back  
Indian Head, Neck & Shoulder Massage 15mins

**R450 Per Person**

**R790 Per Couple**

### **Spa Mix n Match - 2 Hours**

#### **Monday & Tuesday Only**

Full Body Swedish Massage OR  
1 Hour Back Neck & Shoulder Massage

#### **& 2 Spa Treatments From the List:**

Vhi derma deep facial with steam & extraction

Manicure

Pedicure with callus treatment

Indian Head, Neck & Shoulder Massage-30mins

Pressure Point Foot Massage— 30mins

Apricot Back Scrub , Steam & Chocolate Back Mask

**R590 Per Person**



### **Mummy To Be - 1h30mins**

Full body pregnancy massage

Foot smoothie- Lavender Foot Soak, Sugar Foot scrub, Foot file

Relaxing Foot Massage

**R550 Per Person**

## **Kiddies Spa**

### **Tots and Teens High Tea - 1h30mins**

Mini High Tea

Express Back Massage

Mini Facial with cucumber slice on the eyes

Painting for Hands and feet

Foot Scrub, Soak & Light Massage

Hand Scrub, Soak & Light Massage

**R295 Per Person - Up to 16 years**



### **Mummy & Me - 2 Hours**

Swedish Back & Neck Massage

Relaxing Foot Massage

**For Mum** -Vhi Hydration Booster Facial with a warm Paraffin Mask

**For the little one** - Express Facial (No Paraffin Mask)

**For Mum** - a choice of a Pedicure or Manicure

**For the little one**- Foot & Hand Scrub, Soak, Light Massage & Nail Painting

**R790 for 2 - Up to age 12**

**R890 for 2 Up to age 16** Add little ones (up to age 16) - R250 Per additional child (Max 6)

### **Spoil your little princess**

We host kiddies spa parties - Contact us for quote on [Sales@spadurban.co.za](mailto:Sales@spadurban.co.za)

# Royal Branch Specials



Receive the Best Rates at the Royal Hotel Spa

**Book any treatment over R1050 at the Royal Hotel  
and receive free uber pick up & drop off up to 10km...**

## **Royal Pamper - 2 Hours** (Royal Hotel Only)

### **Choose your Massage:**

Full Body Swedish massage

1 hour Back and Neck Massage

30mins Foot Massage & 30mins Head Neck & Shoulder Massage

### **& Choose 2 Treatments each from the List:**

Vhi derma deep facial with steam & extraction

Pedicure with Callus Treatment

Manicure

Vhi Brightening Facial

Apricot Back Scrub & Mud Back Mask

**R890 Per Couple**

## **Pure Bliss - 3 Hours** (Royal Hotel Only)

Delicious tea & muffins served on arrival

Full Body Massage with Hot Stones On The Back

Vhi derma deep facial With steam & extraction

Pressure Point Foot Massage

Blissful Manicure

Pampering Pedicure with a callus treatment

**R1190 Per Couple**

## **Spa Deal - 2 Hours** **\*Buy 1 Get 1 Free** (Royal Hotel Only)

Full Body Swedish or Deep Tissue Massage

Vhi derma deep facial with steam & extraction

Vhi Lip & Eye Treatment Mask

Be Pampered with a Head Massage while the Facial Mask Sets

Sugar & Lavender Foot Scrub

Relaxing Foot Soak

Nail File & Paint

**R799 Per Person**

## Group Spa

Unwind & spend time with family, friends OR work colleagues with our customized group packages



### Spa Pamper Break - 3ppl

#### Choose 3 Treatments Each from the List Below:

Full Body Aromatherapy Massage  
30mins Extended Full Body Massage or a Target Area  
Vhi Brightening Facial with Steam  
Vhi Hydration Booster Facial with Steam & Extraction  
Pedicure with callus treatment  
Manicure  
Indian Head & Neck Massage-30mins  
Pressure Point Foot Massage-30mins  
Vhi Lightening Hand or Foot Treatment with Paint-30mins  
Apricot and Geranium Back Scrub, Steam, Extraction & Mask-30mins

#### Book at the Royal Hotel & Choose 1 Complimentary Add-on Each:

- \* Vhi Under-Eye Lightening Treatment
- \* Extended Foot or Head Massage 15mins
- \* Hot Stones on the Back of your Full Body Massage

**R495 Per Person - Minimum 3ppl**

\*Receive all of the above add on's when booking for 10 or more ppl at any Spa Durban Branch

### Oh So Pampered

#### Choose your Massage....

Full Body Swedish Massage  
1 Hour Back Massage

#### & 3 Spa treats from the list below:

Vhi Brightening Facial  
Vhi Hydration Booster Facial with Steam  
Pampering Pedicure with callus treatment  
Blissful Manicure  
Indian Head Neck & Shoulder Massage- 30mins  
Pressure Point Foot Massage-30mins  
Back Treatment- Apricot & Geranium Back Scrub, Steam, Extraction + Mask- 30mins

**R790 Per Person**

**R1290 Per Couple**

**Add a 3rd person for R350**



# Rejuvenate Me

Tea & coffee on arrival  
Pastries will be served  
Pressure Point Foot Massage-30mins  
Indian Head Neck & Shoulder Massage-15mins

**R250 Per Person - Minimum 3 ppl**

## Create Memories at Spa Durban

*We host bridal & baby showers, team building and we tailor make packages for your budget contact us on [sales@spadurban.co.za](mailto:sales@spadurban.co.za) for a quote...*

### Massage Therapy



Swedish	60 mins R400	90 mins R520
Aromatherapy	60 mins R420	90 mins R540
Deep Tissue	60 mins R450	90 mins R550
Hot Stone	60 mins R450	90 mins R550
Back Neck	30 mins R250	60 mins R350
Foot	30 mins R200	
Indian Head	30 mins R250	
Pregnancy Massage	60mins R450	

### Add Ons

#### Romantic & Relaxing Spa Bath

With Candles, Rose Petals & 2 Glasses of Bubbly

**R250 Per Couple**

#### Choose any 1 add on from the list:

- Hot Stone on the Back
- 15min Extension to Back or Full Body Massage
- Steam & Extraction to any Facial
- Back Exfoliation

**R50 each**



# Body Spa Therapy

## Body Exfoliation and Moisturizing - 30mins

This is a prep treatment to rid the body of dry, dead skin cells, leaving your skin soft, smooth and renewed.

**R250 Per Person**

## Body Wrap Treatments - 30 to 45mins - R450 each

Includes Dry Body Brushing

### Vhi Skin Tightening Body Wrap

The perfect treatment for aging skin, post pregnancy & post weight loss. Rich in Papaya Enzymes, Hyaluronic Acid, Vitamins E plus our unique Tightening and Firming Complex

### Chocolate Body Wrap

This anti-oxidant rich wrap, deeply moisturises skin & the relaxing aroma of coco gently relaxes your senses

### Vhi Skin Brightening Body Wrap

This wrap has a combination of Fruit Extracts, Vitamins & Shea Butter. Brightens skin improves skin texture

### Detox Clay Wrap

Rich in natural minerals to gently detox & refresh, tired skin & muscles

### Vhi Hydrating Body Wrap

Rich with Argan Oil from Morocco, Vitamins and Botanical Extracts. this Wrap leaves skin deeply moisturized, radiant & healthier

## Waxing & Threading

Lip, Chin, Brow	R30 each	Half Arm	R100
Tinting Brow or Lash	R30 each	Full Arm	R120
Full Face	R180	Half Leg	R120
Underarm	R90	Full Leg	R180
Bikini Line	R120	Shoulder & Upper Arm	R150
Brazilian	R200	Chest	R180
Hollywood	R250	Back	R200

## Hand & Foot Treatments



Express Manicure Or Pedicure	R220	30 mins
Spa Manicure or Spa Pedicure	R250	60 mins
Hand Or Foot Treatment	R180	30 mins
Lightening Foot/Hand Treatment	R180	30 mins
Re-Varnish & File	R80	15 mins
French Paint	R80	15 mins
Soak Off	R50	15 mins
Gel Paint with Cuticle Work	R180	
Gel Paint	R100	





*Expert, results-driven skin treatments with high dosages of active ingredients, targeted to treat specific skin concerns and disorders.*

## **Hydration Booster Facial with a Warm Paraffin Treatment**

Nourish your skin from within with warm goodness. This facial is rich in argan, jojoba and olive oils, as well as vitamins to hydrate and deeply treat your skin. Added mandarin, orange and lemon extracts work as anti-oxidants within the skin, giving you a radiant glow.

**R295 - 30mins**

**R350 - 45mins (with steam & extraction)**

## **Derma Detox Facial with Steam & Extraction**

A deep-cleansing treatment using active detoxifying charcoal, clays and botanical extracts, which reduce the appearance of breakouts, black and whiteheads, leaving your skin feeling clean, fresh and clear of impurities.

**R390 Per Steam - 45mins**

## **Pigment Clear Facial with Steam**

Brighten up dull skin with this Expert Facial Treatment, rich in rice, papaya and pineapple enzymes which exfoliate and remove dead skin cells. Added vitamin C, glutathione and kojic acid brightens and evens out your skin tone.

**R390 – 45mins**

## **Vitamin Boost Facial with Steam**

Get a well-rested glow with a Vitamin Boost Facial, packed with vitamins E, C and B to help uplift and revitalize tired and dehydrated skin.

**R390 – 45mins**

## **Age-lift Facial with Steam**

Reveal a youthful glow with an anti-age treatment like no other! This facial treatment contains a unique Swiss active that visibly reduces wrinkles and fine lines. Rich in hyaluronic acid, Age-Lift increases hydration and soothes the skin.

**R450 Per Treatment – 45mins**

## **Under-Eye Revitalizing Treatment**

A hydrating and revitalizing eye treatment that alleviates the appearance of puffiness, dark circles and signs of fatigue.

**R200 - 30mins**

**R150 added on to any facial**

*Made in South Africa "Vhi is skincare at its finest. "All our products are Cruelty free and contain: No Parabens  
No Sulphates No Hydroquinone No Mercury, Steroids or other harsh bleaching substances No artificial  
fragrances or colours*

## Vhi Pro-Epi Peel: 30 – 45mins

Vhi's high-intensity peels are packed with vitamins, minerals and texturizing actives, which treat several skin concerns, including pigmentation, while adding an instant glow and tightening the skin.

Treats:

- Hyper-pigmentation
- Texturises and refines the skin
- Dark patches and spots on face
- Anti-age treatment (wrinkles & fine lines)
- Facial skin tightening
- Post-acne treatment for superficial scars
- Uneven skin tone, adds a glow
- Mild acne



**R390 Per Session**

**Course of 6 R1950**

## Vhi 3D Peel: 30 – 45mins

See and feel a difference in your skin with Vhi's 3D Peel!

Give your skin an instant boost with this power-packed treatment. Loaded with natural vitamins C, B3 & E, white mulberry, bearberry and liquorice

Treats:

- Active acne, including hormonal breakouts
- Whiteheads and blackheads
- Texturises and refines the skin
- Superficial scars
- Improves the appearance of post-acne marks

**R450 Per Session**

**Course of 6 R2220**

## Aesthetic Professional Peel - 30 to 45 mins

Advanced, balanced & safe chemical peel which stimulates cell renewal resulting in fresher, tighter & smoother skin. Safe for all Skin Types.

Treats:

- Pigmentation
- Superficial Scarring
- Acne
- Uneven Skin Tone
- Wrinkles
- Ageing dull tired skin



**R450 Per Session**

**Course of 6 R2220**



## VHI Callus Treatment - 1 Hour

Remove Callus & hard skin from under feet.  
Includes a Full Pedicure with Painting

Treats:

Callus

Hard

Dry Skin on the feet

**R250 Per Treatment**



## Swiss Slimming Body Wrap - 1 Hour

This Amazing Wraps Works by Reducing centimetres & contouring the Hips, Butt, Thighs, Arms, Love-handles, Bra Area & Back.

Treats: Fatty Deposits, Flabby Tummy, Cellulite, Water Retention, Aids in Centimetre Loss  
Improves Tightness & Firmness of the Skin, Improves the Appearance of Stretch Marks

Add on any of these Spa Treatments while you wait @ R100 each:

Full spa facial with steam & extraction & Head Massage-1hour

Full spa Manicure or Pedicure-1hour

30mins Head & Neck Massage

**R450 Per Area**

**Course of 6 R2390**

## VHI Body Peel - 45 to 60 mins

Instantly reveal smoother, softer & brighter skin on your body.

This professional treatment contains a Multi-Acid Complex, Enzymes & Botanicals Complex to give skin a new healthy glow in just one use.

Treats:

Pigmentation

Sun damage

Scars

Stretch marks

Uneven skin tone

Pimples

**R495 Per Treatment**

**Course of 4 R1790**

## Slimming Chili and Ginger Wrap – 45mins

Give your body a boost with this detoxifying wrap! Ginger root and chili extracts, together with a blend of 9 essential oils have a warm and nourishing effect on the skin, all while detoxifying, stimulating lymph drainage and, as an added bonus, helps with body contouring and slimming.

This wrap is paired with dry body brushing to enhance the detoxing effects

**R450 Per Target Area**

**Course of 6 R2390**

# Loyalty Benefits

Receive More at Spa Durban. We appreciate you. Our award winning loyalty rewards benefits are custom designed to give you more.



## Benefit 1: Spa Discounts

- Receive 5% Off our Spa Treatment Menu

## Benefit 2: Spa Backs

- Cash Back Coupons, SpaBacks Can Be Used to Discount any Treatment, Any Day of the Week
- Earn SpaBacks with Every Treatment/Product & Earn Extra when you Visit The Royal Hotel.
- Earn Double Spa Backs Every Monday & on Double SpaBacks Days
- Your SpaBacks Balance is Displayed on your Purchase Receipt & SpaBacks Do Not Expire.

## Benefit 3: Spa Points

- Points Give You Complimentary Spa Treatments(Rewards)
- Earn Points with Every Treatment/Product/Voucher-R1=1 Point
- Points Continue to Grow until You're Ready to Claim a Reward. Even if You Redeem SpaBacks, Your Points Continue to Grow
- You Will Receive Email of Points Earned and Treatments (Rewards) unlocked
- Earn Extra Points By Referring Family & Friends

## Benefit 4: Spa Love Coupons

Just because we love & appreciate you

- Receive a special treat from us on your birthday - Add your birthday to your profile on Facebook or on the Check Rewards Tab on our website
- Receive Monthly "Add-on" Complimentary Treatments

*For any questions, comments or to join our rewards programme enquire in spa or contact us on [sales@spadurban.co.za](mailto:sales@spadurban.co.za)*

## Loyalty Terms and Conditions

- All Benefits are valid only after your first visit.
- Benefits are only awarded to profiles with valid email addresses.
- To Qualify for birthday Coupons, you must log onto your Profile & fill in your birthday.
- Birthday Coupons are only awarded to active Loyalty Profiles.
- Each Coupon is only valid according to its specified terms.
- Benefits are subject to change without prior notice.

# Spa Policy

- \* Please arrive 15 minutes before your appointment time.
- \* Late arrivals will be billed in full.
- \* Deposits are required for all bookings & are non-refundable.
- \* When Booking for 3 ppl , All Must Attend on the Same Day & Same Time
- \* Standard T'c & C's Apply



## Relaxation Awaits...

### Musgrave

315 Peter Mokaba Ridge  
1st Flr Coastlands Hotel  
Tel: 031 826 8228  
[info1@spadurban.co.za](mailto:info1@spadurban.co.za)

### Umhlanga Rocks

329 Umhlanga Rocks Dr  
Gr Flr Coastlands Hotel  
Tel: 031 514 6582  
031 826 6582  
[info2@spadurban.co.za](mailto:info2@spadurban.co.za)

### The Royal

267 Anton Lembede St  
21st Flr The Royal Hotel  
Tel: 031 829 9171  
[info4@spadurban.co.za](mailto:info4@spadurban.co.za)

**Open 8am to 9pm Monday to Saturday  
8am to 7pm Sunday**

[www.spadurban.co.za](http://www.spadurban.co.za)

