

Fees

Introductory Session (up to 30 minutes) – FREE, usually by telephone

A one-off 1-hour consultation = £75

However one session is unlikely to suffice, so usually the most cost-effective arrangement is via a planned series of consultations (a Programme). Consultations can occur weekly, bi-monthly or monthly by arrangement. We'll agree the details before the Programme starts.

Typical examples: Programme of 3 consultations = £200

Programme of 6 consultations = £360

Programme of 12 consultations = £600

Instalment plans available if preferred.

All Programmes include:

- Face-to-face meetings with me
- Unlimited email communication
- My written summary of each consultation
- 2 or more 'laser calls' of up to 10 minutes each
- Free mentoring in a range of personal development techniques as required e.g. meditation, mindfulness, confidence boosters etc.
- Free guides, handouts, materials etc.

Please see www.derekhassack.co.uk for more details.