

Types of Blood Pressure Monitors

With the rising number of high blood pressure patients in the world, it has become increasingly important to keep a blood pressure monitor handy. A blood pressure monitor can help you keep a tab on your blood pressure count thereby averting any medical emergency. The working of a blood pressure monitor is pretty simple. You are made to wear a cuff on your upper arm and the cuff temporarily cuts off the blood flow in your brachial artery and gently releases it back. When the blood starts flowing intermittently, it is known as the systolic pressure and when the flow becomes steady, it is termed as diastolic flow.

But have you wondered what the different types of blood pressure monitors available are? Here is a lowdown of the same:

- 1. Aneroid pressure monitor:** You must have seen this kind of monitor with doctors. It is the manual kind and only a medical practitioner can help you with the readings.
- 2. Digital blood pressure monitor:** These electronic blood pressure monitors have made taking blood pressure readings much easier and you can keep one at home. Not just easy to use, but they also give pretty accurate results as well.
- 3. Finger blood pressure monitor:** This is ideal for people who need to keep a regular tab on their fluctuating blood pressure. You just need to place your index finger in the finger cuff and take your reading.
- 4. Paediatric blood pressure monitor:** Used for young kids these monitors have an LCD screen display for your ease.

If you looking to invest in a [professional digital blood pressure monitor](#), Omron Healthcare measuring devices are the best in giving you accurate and efficient results. Go, invest in one and secure the life of your near and dear ones today!