**NATURAL LIFE THERAPIES PRICELIST**

***THERAPIES WITH ANDY***

**Swedish Massage – 1 hour – £35**

Feel those knots soothed away with Andy’s healing hands

**Back, Neck & Shoulders Massage – 30 mins – £20**

Some people just want their backs and shoulders massaged, as these get a lot of wear and tear – so this is perfect!

**Leg & Foot Massage – 30 mins – £20**

If you’ve been on your feet all day this will really help you unwind and it will remove all those aches and pains too!

**Thai Back Massage – 30 mins – £20**

This is undertaken fully clothed and uses a combination of massage techniques and pressure point manipulation

***THERAPIES WITH CAROLINE***

**Reiki – 45 min – £25**

Let your cares and worries go and feel your life take on a new meaning. Caroline will help you.

**Hypnotherapy – 1 hour – £35**

Let’s get to the heart of the matter and remove the blocks and challenges to your success. Removes phobias and helps anxiety as well as  a range of other problems and conditions

**Past Life Regression – 1 hour – £35**

Sometimes past life trauma can cause present life conditions, this will help you move on with your life and may remove some issues too

**Indian Head Massage – 30 mins – £20**

Indian Head Massage is known for its soothing properties. It can help with sinus problems and relieve headaches and promote better sleeping habits

**Tarot & Psychic Readings – 30 mins – £20**

Learn what is holding you back and what the next step is.

***WWW.NATURAL-LIFE-THERAPIES.CO.UK***