



CIRCUMCISION AFTERCARE LEAFLET

Please read this leaflet carefully and keep for reference

After Circumcision

Your baby has undergone a circumcision. This is not a major procedure but care in the first few days can prevent any problems. Bleeding is the main complication, it is rare but possible following the procedure.

When you go home you will find that your baby's nappy may have some small spots of blood on it where the penis touches the nappy. This is normal, it should not be bigger than a fifty pence piece. If the spots are large, dark in colour or increasing this may indicate that bleeding is occurring and we advise that you contact the aftercare number.

Please note that the penis can swell to twice its size following the curcumcision, this is normal.

Hygiene

You must keep the nappy area as clean as possible. Check your baby's nappy regularly and cleanse the area thoroughly if wet or dirty.

No bathing should take place for 24 hours following the circumcision. After this time you should bathe your baby 2 times daily.

Infection

Although all appropriate measures are taken to ensure the sterility of the procedure a small number of babies may acquire an infection. The penis will become more tense, swollen and red. There may be some discharge. Your baby may also be unwell. If you are worried about the wound please contact the helpline. Your baby may need antibiotics.

Feeding

Your baby has not had a general anaesthetic and therefor can feed normally.

Pain

Your baby has received a local anaesthetic before the procedure was performed. The local anaesthetic should last for 4 - 6 hours. You may find your baby a little difficult to settle, do not be afraid of holding your baby, rocking and cuddling him will help calm and reassure him.

You can use Paracetamol Oral Suspension 120mg/5ml (Paediatric Mixture) for pain relief after the circumcision in the following doses:

Age 1-3 months: 30mg (1.25ml every 8 hours)

Age 3-4 months: 60mg (2.5ml every 6 hours)

Please take care when administering this or any other medication to your baby.

The Bell

The bell normall falls off 5 - 15 days after the operation

There may be swelling and redness when the bell has fallen off, this is normal. It will settle over a few days. We advise you to pull the foreskin back gently from the head and clean the tip of the penis with a wet wipe / cotton wool until the swelling settles completely, this should be done at every nappy change.

If after 12 days the bell is still attached please contact the aftercare number.

Follow-up

There is no need for a routine follow-up but you can be seen at the clinic if needed.

If you need further advice please contact one of the team on our 24 hour helpline. If there is no answer then please leave your contact number and we will call you back.