



CDM Advisory Services



SAFETY  
SCHEMES IN  
PROCUREMENT

CDM 2015 REGULATION INFORMATION



Our tailored and cost-effective way of helping to ensure that your projects are delivered **safely**.



The Construction Design Management **Regulations (CDM) 2015** are the main set of regulations for managing the health, safety and welfare of construction projects.

Placing responsibilities on the Client, Principal Contractor and the new Principal Designer duties.



The role of the principal designer is to plan, manage, monitor and coordinate the pre-construction phase of the project, and to ensure that all health and safety risks have been considered and designed into the development (safe by design)



**CDM Regulations 2015 are designed to:**

- Integrate health and safety into project management right from the start
- Identify potential risks as early as possible in the project and influence them (safe by design)
- Support the efficient utilisation of health and safety resources on the projects
- Ensure that the duty holders have the skills, knowledge and experience

**Choose EMBARK Consulting**

We have over 17 years’ experience of Health and Safety Management for projects across the construction, energy and infrastructure industries with a team of CDM experts.

Whether you are building a residential block, a manufacturing plant, installing an offshore windfarm, refurbishing an existing property or carry out maintenance, we have the unique experience to support and enhance your projects.

**CDM Advisory Services**

Embark Consulting has developed a range of services that help to discharge your duties and enhance the Health and Safety in your projects.

By working in partnership with your team and supporting your principal designers in their day-to-day role; providing expertise and knowledge.

Our solution offers an independent and unbiased health and safety advice, that can be tailored to suit your needs. Enabling flexibility through a range of solutions, and enables you to upgrade the service at any point throughout your project.

Whether you are an operator, developer, principal designer, architect, client or contractor, we have a CDM advisory service to suit; ranging from the standard solution to help you fulfil your CDM duties, to additional options should you need them.

It’s a flexible service that our customers enjoy and feel the benefit to their projects, with your own personal CDM advisor who is your single point of contact throughout the project lifecycle.





**Your duties under CDM Regulations 2015**

Understanding and delivering your duties under the CDM Regulations 2015 can be a daunting task.

We are here to help, by delivering a tailored suite of services that help you to comply with your duties and enhance your current and future projects.

**Need a Principal Designer?** No problem, we can provide that to you too. For many projects the PD is not undertaken by the Architects, and as such we can fulfil the duties as the Principal Designer whilst providing advice to you as the client.



**Client**

A client is an individual or company having work carried out for them i.e a residential housing developer, an energy company installing a new turbine in a nuclear power station.



**Principal Designer**

The Principal Designer will often be an appointed architect on the project or the lead design company. For projects without a Principal Designer, **Embark Consulting** can fulfil this role.



**Principal Contractor**

The company with the responsibility phase of the project, with the responsibility of sub contractors and delivering the project without risk to health and safety.

Pre - Construction  
CDM activities

Dedicated CDM Advisor



Site health and safety survey



Pre-construction information



F10 management



Attendance at design team meetings



Review Construction Phase Plans



Ongoing CDM Advices



Construction and handover  
CDM activities

Construction Phase Plan production



Site inspection and monitoring visits



Contractor and design team competency checks



Review documentation



Managed building health and safety files







**EMBARK Consulting**, will support you to deliver your design and pre-construction CDM activities; construction and handover under the regulations.

Deciding on the level of advice and support you need from us is straightforward.

Here we have provided an outline of the services we deliver for each duty holder.



### Core CDM Activities

#### Dedicated CDM advisor

You will be allocated a dedicated CDM advisor who will be your single point of contact throughout the project. They will work closely with you to help ensure that you are doing everything to fulfil your duties as required by the **CDM 2015 Regulations**.

#### Site health and safety survey

Your CDM advisor will undertake an initial visit to the proposed construction site to ascertain existing health and safety issues, and to identify where further information will be required prior to the start of construction.

#### Pre-construction information

Following a survey of the site, a report will be prepared for inclusion in the pre-construction information, detailing potential health and safety issues identified using existing surveys and reports.

#### F10 management

We will ensure that the Health and Safety Executive (HSE) is notified as appropriate, and that this notification is managed for the lifetime of your project.

#### Review Construction Phase Plan

We will liaise with the principal contractor to ensure a suitable Construction Phase Plan is produced to enable work to begin on site.

#### Health and Safety File

All Health and Safety documentation will be collated into the Health and Safety File, which will be managed by us and available to your team via an online portal. The file will be prepared ready for the construction and operational phases of the project.

#### Technical Reviewer

As your CDM Advisor, it is our concern that we ensure you have all the support you need, we will undertake a full review of all H&S, design documents and drawings and provide you with advice and comments.

### Additional CDM Services

#### Attendance design team meetings

Your CDM advisor will attend design meetings and offer CDM and health and safety expertise.

They can assist designers in identifying health and safety risks and provide advice and guidance on the 'principles of prevention', a hierarchy of risk elimination and reduction.

#### Construction Phase Plan production

The Construction Phase Plan is prepared in consultation with the principal contractor to ensure that it is appropriate for the project, and is reviewed at health and safety site visits.

#### Site inspection and monitoring visits

Your CDM advisor will undertake regular site inspections to review any existing and potential health and safety risks, whilst ongoing site health checks will reassure the client that the principal designer is managing health and safety on site appropriately.

#### Contractor and designer competency checks

We will help to ensure that any contractors or designers that you engage for your project have sufficient skills, knowledge and experience to work safely. We will ask for references and examples of previous work to demonstrate capability.

#### Review documentation

Your CDM advisor will review health and safety information relating to your site to help ensure that documents are suitable and sufficient for the project. If these are not in place, they will provide guidance on the changes required.

#### Risk Workshops

To aid the design process and ensure that your project is "safe by design" we facilitate workshops with designers, client and all stakeholders to review designs from a safety and engineering standpoint, brainstorming 'what if' scenarios and engraining the outputs into the design and construction phases.

### Health and Safety Services for your Business

In addition to our CDM Advisory Services, **Embark Consulting** has a full range of services that are designed to support your business as a whole, to ensure the health and safety of your employees and identify potential hazards and risks to your business and projects.





EMBARK CONSULTING LIMITED  
20 - 22 Wenlock Road, London  
N1 7GU  
UK

T +44 (0) 203 637 4744  
F +44 (0) 203 637 4773

[www.embarkconsulting.co.uk](http://www.embarkconsulting.co.uk)  
[Info@embarkconsulting.co.uk](mailto:Info@embarkconsulting.co.uk)