

## Caremark can help you towards a more independent life.

Care can range from a weekly 30 minute visit, through to a visit every day and work in a flexible manner moving forward to adapt to your every need.

- Personal Care
- Companionship
- Medication Assistance
- Shopping and Meal Preparation
- Domestic Duties
- Social Activities
- Dementia and Alzheimers Care
- Respite Care
- Live-in Care



Contact our friendly team today to see how we can help.

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