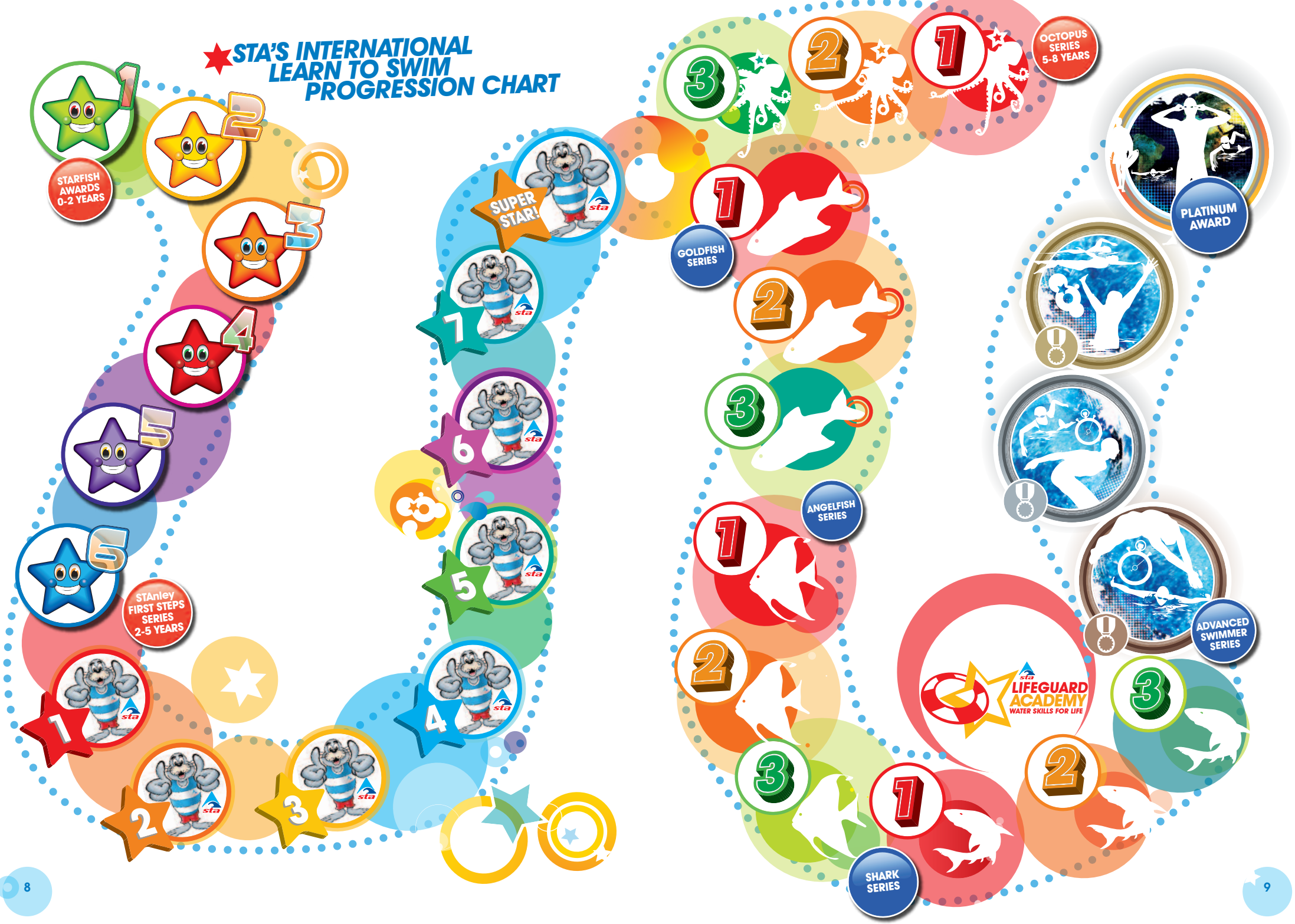STA'S INTERNATIONAL LEARN TO SWIM PROGRESSION CHART