

HIV Ayurvedic Treatment in Punjab

HIV (Human Immunodeficiency Virus) affects the body's immune system by reducing the number of GB and CD4 in the patient by increasing the viral load of the body. When immunity decreases, viral load increases, HIV has the power to create opportunistic infections. The HIV virus primarily attacks the body's immune system and decreases immunity.

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 **Bhagwati Ayurved**

HIV Medicine
"Bhagwati Constop"



HIV is a disease that spreads like wildfire all over the world, killing millions of people. Millions of dollars are spent on research to find a cure. More and more people are turning to Ayurveda as it may contain the deadly virus. HIV destroys the immune system of the human body and weakens it. This gives way to diseases and the body is unable to fight because this condition weakens blood cells, plasma, tissues, bone marrow, reproductive tissue and others. One of the diseases that occur in this way is the vaginal wart.

Ayurveda is an ancient Indian medical system focused on a preventive and healthy lifestyle and on natural remedies. As the oldest medical science going back more than 5000 years, it may not have treatment for modern diseases. Ayurveda has remedies for symptoms similar to those seen in the case of HIV.

People generally want to avoid using powerful medications or antibiotics for fear of serious side effects. They seek natural remedies and Ayurveda has natural and effective medicines to control the symptoms.

HIV Treatment According To the Ayurvedic System:

Not everything seems to be lost to HIV-infected people because Ayurvedic supplements have been shown to be harmless, with no side effects, and there can only be an improvement, not deterioration.

Treatment plan

The first step in curbing the disease is to provide the patient with a healthy and healthy atmosphere. He should be surrounded by well-intentioned friends and relatives who must assert that the condition of the disease is completely curable. Nothing negative should be discussed before the patient.

The patient should receive nutritious, easily digestible food. He should be encouraged to do easy exercises that do not appeal to his fragile health. It should remain engaged in successful activities that reinforce the good trends inherent in it.

Initially, the patient is given tonics and regenerators (Rasayanas) to increase immunity levels, strengthen the system and stimulate the appetite.

After gaining strength, shodhana (elimination) techniques are used to expel toxins from the body through enemas, purgations and vomiting. The drugs given at this stage are neither hard nor drastic, but soft, ghee-based, so the patient easily resists them.

Second, the blood is purified with appropriate medications. Corrective measures for the liver also play an important role.

A strengthening regimen with medicated ghee preparations and soups is recommended. But spicy, fatty and acidic foods should be avoided. A little alcohol is recommended as anupana (carrier) to facilitate the digestion process and eliminate blockages in the stream of Rasadi dhatus, that is to say, the srothorodha.