



How Dental Implants Restores Your Smile & Confidence

Dental implants provide a superior option to replace teeth that are missing or have been damaged. Missing teeth can affect more than just the ability to chew properly. It can also impact one's self-esteem and confidence, leading to social anxiety and isolation. Fortunately, dental implants can help restore your smile and confidence.

What are Dental Implants?

Dental implants are synthetic tooth roots that are inserted into the jawbone to provide a foundation for a replacement tooth or bridge. They are made of biocompatible materials such as titanium and are surgically implanted into the jawbone. Once the implants are placed, the surrounding bone and tissue will gradually fuse to the implant through a process called osseointegration. This creates a secure and stable foundation for the replacement tooth or bridge. Dental implants are a popular and effective solution for people who have lost one or more teeth due to injury, decay, or periodontal disease. They offer a natural-looking and long-lasting solution for restoring missing teeth, improving oral health, and boosting self-confidence.



How Dental Implants Work

Dental implants work by replacing the roots of missing teeth with a biocompatible metal post, usually made of titanium. The implant is surgically placed into the jawbone, where it fuses with the surrounding bone through a process called osseointegration. This creates a stable and strong foundation for the replacement tooth or teeth.

After the implant has bonded with the jawbone, an abutment, which is a small connector piece, is attached to the implant. The abutment connects the implant to the replacement tooth or bridge, which is custom-made to match the colour and shape of the surrounding natural teeth.

The replacement tooth or bridge is then attached to the abutment, completing the dental implant procedure. The result is a natural-looking and fully functional replacement tooth that is securely anchored into the jawbone.

Dental implants can be used to replace a single missing tooth, multiple teeth, or even a full arch of teeth by our [private dentist Cardiff](#). They are a popular and effective solution for restoring missing teeth, improving oral health, and enhancing one's overall quality of life.



Who is a Good Candidate for Dental Implants?

People who are suitable for dental implants usually have one or more missing teeth, maintain good gum health, and possess enough bone density in the jaw to support the implant. However, candidacy for dental implants is assessed on a case-by-case basis and factors such as age, overall health, and medical history may also be taken into consideration.

People who have lost teeth due to injury, decay, or periodontal disease may be good candidates for dental implants. Patients with good oral hygiene habits and healthy gums are also considered ideal candidates for dental implants. Additionally, patients with adequate bone density in the jawbone to support the implant are more likely to be successful candidates.

Those who have underlying medical conditions such as diabetes, autoimmune diseases, or a history of radiation therapy to the head and neck may require additional evaluation before being considered for dental implant surgery.

Want to inquire about cosmetic dentistry in Cardiff? Talk to an expert today!

Dental Implant Aftercare

Proper aftercare is essential for the long-term success of dental implants. Here are some tips for taking care of your dental implants after surgery:

1. **Oral Hygiene Routine:** It is essential to maintain a consistent and thorough oral hygiene routine after dental implant surgery. Brush your teeth twice a day, floss daily, and rinse with an antibacterial mouthwash to help prevent infection and promote healing.
2. **Avoid Hard or Sticky Foods:** During the healing process, it is best to avoid hard, crunchy, or sticky foods that may damage or dislodge the implant or abutment.
3. **Follow-Up Appointments:** Attend all follow-up appointments with your dental professional to monitor the healing process and ensure the implant is integrating properly.
4. **Avoid Smoking:** Smoking can increase the risk of implant failure by interfering with the healing process. It is recommended to avoid smoking or using tobacco products after dental implant surgery.
5. **Be Aware of Potential Complications:** Contact your dental professional if you experience any pain, swelling, bleeding, or signs of infection, as these may be signs of complications that require prompt attention.

The best way to determine if you are a good candidate for [dental implants Cardiff](#) is to consult with our dental professional at Super Smile Dental who can assess your unique situation and suggest the most suitable treatment plan for you. Schedule your consultation today.