Mould Removal Services

**How to stop Mould from growing in your home**

How to Control the Humidity Levels in Your Home?

Mould is a fungus and needs certain amounts of moisture to develop. Therefore, reducing condensation and lowering the high moisture content in your home is a key step to preventing mould growth in your home.

1. Condensation is caused when warm, damp air, such as steam, meets a cold surface and turns into water.
2. When condensation builds up on surfaces, and they’re damp for some time, it can cause mould to grow.
3. You can prevent condensation by heating your home to a constant temperature - but not too warm, around 18-21c is good.
4. You can also try to reduce the moisture in your home, by Hanging washing outside to dry, or in the bathroom with the door closed. Don’t dry washing on radiators.
5. Cook with pan lids on and use the extractor fan when filling your bath, run the cold water first to reduce steam.
6. You should also try to increase ventilation, by opening trickle vents on windows or **opening your windows for 15 minutes each day.** Getting fresh air exchange going through all rooms, old air out, fresh air in, daily.
7. Keep the kitchen and bathroom doors closed when cooking and showering and leave a window open for 20 minutes after.
8. Keep furniture slightly away from walls to increase airflow.
9. Do not stack items against walls always leave gaps.
10. Aerate wardrobes and kitchen cupboards every few days.
11. Sleep with doors ajar or open
12. Always wipe any moisture from surfaces and windows that are wet every day.
13. Don’t remove mould with a brush or vacuum cleaner - this spreads the spores.
14. **Monitor and manage the condensation in your home. You can do this by buying a hygrometer to monitor humidity and temperature. (£10) Amazon UK.** The ideal conditions are 40-60% humidity and the temperature at 18-21°c. Once the humidity gets above 60% continuously, mould spores will start to colonize in a couple of weeks and appear on walls and ceilings. In general, the longer that moisture is present, the greater the chance for mould to grow and spread.
15. Getting a dehumidifier is a good way to lower the moisture at home.
16. YOU MUST KEEP THE HUMIDITY LOW TO STOP MOULD FROM GROWING.
17. Moulds are hydrophilic fungi in that they require high levels of surface moisture
18. Do not draughtproof windows in bathrooms and kitchens