

HEALTH & WELL BEING IN THE OFFICE



COMPLETE
OFFICE
EQUIPMENT



WHY CHOOSE LEAP?

Leap desks are a stand alone electrically height adjustable desk, they are the future of office desking and compared to standard office desks they provide many benefits including:

IMPROVED CIRCULATION

Remaining seated for too long may result in swollen ankles and varicose veins, caused by fluids sinking down into the legs.

PRODUCTIVITY BOOST

If you stay fixed in one position, insufficient fresh, oxygen-rich blood will be pumped around the body, causing brain function to slow down.

LOWER HEART RISKS

Since muscles are less active while a person is seated, they burn less fat. Together with a higher blood pressure and elevated cholesterol levels, this increases the risk of heart disease.

REDUCED BACK PAIN

Studies have found that sit-stand desks can reduce upper back and neck pain by 54% after just 4 weeks.

Leap Electronic Height Adjustable Desks From €399.00
please call 01 457 1166 or email sales@coe.ie